

Our Community Asks (as of September 4, 2019)

Pay attention

- Don't be a distraction
- Take notes
- Make eye contact if that's comfortable for you

Respond

- Listen first

Show respect

- Be supportive

Practice good communication habits

- Notice tone, body language in others
- Assume the best intentions
- Ask follow-up questions
- "Oops" (if you say something you didn't mean) / "Ouch" (if you've been offended)

Things that help you maximize the value of a learning experience

A good teacher: patient, attentive, explaining the assignments more than once

Paying attention in class

Listening

Asking questions if you don't understand

Asking my peers questions in order to know that we're on the same page

Putting in time after class to study

Being reminded of the learning / Relating material to everyday life

Using my body and senses

Visual learning

I feel like I can participate and be engaged in an interesting conversation / Discussions / Open conversation / Exchanging ideas

Writing a paper

Interesting / When I am interested in what I am learning

Fun, humor

Things that minimize the value of a learning experience for you

Just one kind of activity: just reading, just lectures, reading from PowerPoint

It's hard to focus on constant talking

Not giving my complete attention to what I am learning

Not being prepared

Not feeling like I can relate to what I am learning, not feeling involved in the material

Readings that are too long or dull

A person who explains things too fast and won't answer questions when asked

Off-topic meandering

Distractions, outside noise

Lack of sleep

Anxiety