

2. Solo. Suggestions for performance: (1) another member of the class claps the beats (or just the downbeat of each measure) while you clap or tap the given rhythm; (2) stamp your foot on each downbeat while clapping the rhythm, or tapping it, or chanting it using the syllable "ta"; (3) tap the four beats of the measure with your hand while chanting the rhythm using the syllable "ta"; (4) say the beats of the measure (1-2-3-4) while tapping the rhythm with your hand; (5) tap the beats with one hand while tapping the rhythm with the other; (6) conduct the beats with your right hand while chanting the rhythm using the syllable "ta." It is a good idea to tap four preparatory beats, or count 1-2-3-4, or conduct one preparatory measure before beginning each exercise in order to establish the tempo.

